

Spiritual Growth

LIFE GROUP GUIDES

Week 4: The Walk of Spiritual Growth

I. Review:

Looking back, how did a focus on abiding in Christ affect your mindset this week?

This week, the focus is on our role in spiritual growth. Remember, the heart of spiritual growth is our identify in Christ and His work to form us. We partner with Him, however, by “raising our sails” through faith, surrender, and spiritual practices to grow in godliness.

Read 1 Thessalonians 4:1-2

A few key points from the sermon:

- The motivation for our walk is to please God.
- Sometimes our need is not new truth, but greater application of what we know.

II. Dig a Bit Deeper

Read **Philippians 2:12-13**

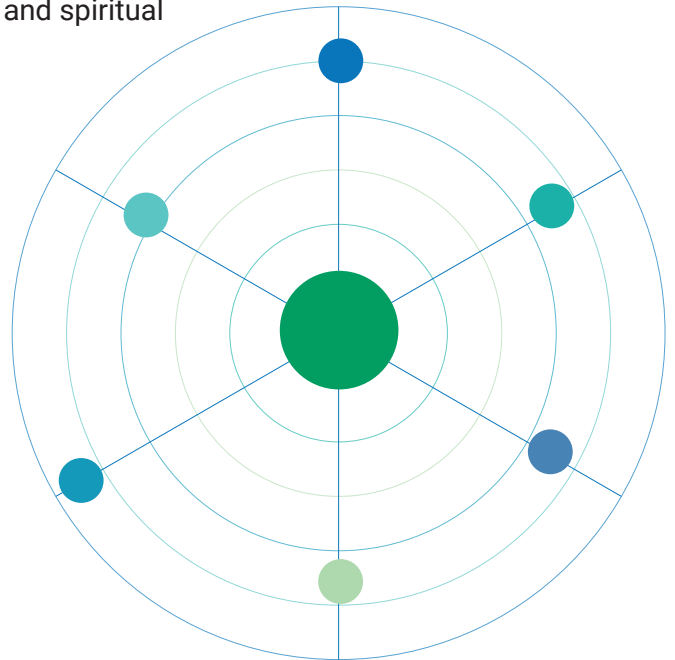
- How does verse 12 describe our role in spiritual growth?
- How does verse 13 describe God’s role in spiritual growth?
- Why are both necessary?

Discuss each area of the Spiritual Growth Tool. As you discuss each point, remember that this is how the Lord is shaping you. This is not just a “To Do” list, but consider if you may be resisting God’s work in your life in these areas:

Bible: two key points here, are you growing in your understanding of God’s Word, and are you living in obedience to God’s Word?

Generosity: Are you generous with your resources? Are you serving people in ministry?

Outreach: Are you praying for spiritually lost people regularly? Are you sharing the gospel with others?



Community: Are you sharing life with other Christ followers? Since our core value is “United Diversity,” are you engaging with people from different generations, ethnicities, or levels of disabilities?

Worship: Do you reflect often on the greatness of God? Do you prioritize worshiping with your church family?

Prayer: Does your prayer life reflect dependence on God? Do you trust in God’s provision for your life?

III. Apply

Take an inventory of your practice in each area. Rate each area 1-5 according to your current walk with the Lord.

Choose one area you should focus your growth in the next few weeks. This is likely the one with the lowest mark.

What steps can you take to grow in this area? Share these with the group.