



# MANAFEST

FOOD DISTRIBUTION

## 2023

<b>JAN/ENE:</b>	11, 25
<b>FEB:</b>	08, 22
<b>MAR:</b>	08, 22
<b>APR:</b>	05, 19
<b>MAY:</b>	03, 17, 31
<b>JUN:</b>	14, 28
<b>JUL:</b>	12, 26
<b>AUG:</b>	09, 23
<b>SEPT:</b>	06, 20
<b>OCT:</b>	04, 18
<b>NOV:</b>	01, 15, 29
<b>DEC:</b>	13

**4:00-5:30PM**

**EVERY OTHER WEDNESDAY**

**Que son entregados los día  
Miércoles de 4-5:30PM**

The only requirement is each client/family completes a simple registration form.  
Questions? [nucleuscainfo@gmail.com](mailto:nucleuscainfo@gmail.com)

El único requisito es que cada persona/familia debe completar un formulario de registro.  
¿Preguntas? [nucleuscainfo@gmail.com](mailto:nucleuscainfo@gmail.com)



**THE BRIDGE**

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