

Spiritual Growth

LIFE GROUP GUIDES

Week 5: The Destination of Spiritual Growth

I. Review:

Looking back, what can you share about living out your goals from last week?

This week, we will look at our ongoing walks with the Lord. We sometimes sing “Til He returns or calls me home,” and that is the destination of our spiritual journey. This is a lifetime of “learning to follow Jesus together.” We will look at the variety of things God uses in our lives to cause us to grow spiritually, with an emphasis on the difficult seasons of our lives.

Read Hebrews 12:1-2

A few key points from the sermon:

- Following Jesus is a life-long call.
- Looking to Jesus is the key to effectiveness.
- Each of us runs the race that is set before us, which often includes difficult times.

II. Dig a Bit Deeper

We identified five things God often uses to strengthen our faith and cause us to grow spiritually. Discuss how God has used some (or all) of these in your life:

- Biblical Preaching and Teaching
- Spiritual Practices (such personal Bible reading, prayer, etc)
- Serving in Ministry
- Sharing Life in Burden-Bearing Community
- Life Experiences, particularly suffering

Let’s talk more about the role of suffering.

Read Romans 8:18-28

Should we expect suffering as we follow Jesus?

What hope does this passage give when we suffer?



How does the Spirit help us in suffering (v. 26)?

How does God use suffering in our lives (v. 28)?

Read verses 29-30.

How do all things, especially our suffering, work together for good?

Remember the “Gospel Doctrines” we talked about in the first week (Gospel Call, Regeneration, Conversion, Justification, Adoption, Sanctification, and Glorification). Note how many of these are used in this passage. Think of this as a snapshot of Spiritual Growth: God’s work to grow us to be more like Jesus.

III. Apply

How do the five areas influence your thinking and next steps for spiritual growth?

Think back over our 5 weeks.

What is one truth, either a new truth or helpful reminder, that shaped how you think about spiritual growth?

What next steps do you plan to take as we continue “learning to follow Jesus together”?

How can your Life Group help you grow in Christ?

